

Enikő Sághy

Divine Self-Awareness
Handbook

Part 1.



The story of the preening-teasing Woman

Enikő Sághy

**THE DIVINE SELF-AWARENESS
HANDBOOK**

I.

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The story of
the preening-teasing
Woman

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**THE BASIS AND THE ROOT
OF EVERYTHING IS:
FAITH THAT WE ARE LOVABLE**

That is:

We are conscious and
aware that we are lovable
in every moment!



The fate of a drop of water is hard,
who has come on a mission to Earth.

It does matter where
this one drop, that is the ocean,
is positioned: on the surface, where
it is tossed about by the wind, or
in the dark deep with
heavy burden, yet it wins.

If you have a mission your „one drop“
bears tremendous power, and the wind
will not ripple You on the surface.

Your purpose may weigh tonns,
yet there is no heavy burden you cannot bear,
that with faith you could not rise from beneath,
even when you are in the deep. The ever growing
power of faith at a high vibration helps you
to see the divine power, your real values
you asked for to fulfil your mission.

I open up this memory in You,
remember!

With love,
Enikő Sághy

Dear Reader,

Welcome!

You hold the latest tool in your hands for Your self-discovery. My plan is to publish in many small books the experiences, life situations, teachings and universal laws I have gained and learnt over the past decades – as the Creator's initiated medium. This way you can meet my method, the Divine Self-Awareness technique and secret, that, as the advocate of this method, I share with other people.

I invite You to an inner journey, where – reading others' stories and the universal laws – you can discover Yourself.

In each book someone's life gets broken down in small details and comes alive.

Who speak up and share their stories are honest and pure and they profess their lives at a certain degree of emotional and spiritual skills they have developed so far. Along their self-discovery

journey they have been to heaven and hell in order for them to see the shadows that have been stuck to them.

They cannot hide or run from themselves anymore, they release and unblock their shadow-qualities with the feeling of universal love – forgiveness, acceptance and letting go.

They are the brave ones, who make way to others behind them by creating a secure energy field made by facing their confrontations with themselves, thus serving the cause.

They also know that at a raised vibration level they can re-write their own shadows with the alchemy of the soul into ancient trust, self-esteem, faith in their own power. With this newly released energy they can start all over, they can heal, they can fulfil their purpose, they can deliver their promise in awareness of their inner values.

I stood by them with the infinite power of my faith, I knew that the energy field that has been cleansed by my own confrontations represents

such force with which – based on free will – they can „awaken“, release their fears, they can become forgiving and accepting, they become capable of believing that they are lovable, and finally to „arrive home“.

While reading this book you may smile with a sense of relief, because you have faced the deepest hells of your past, you have released your blocks, and therefore nothing can upset the harmony of your cleansed soul.

If you feel an unsettling tight sensation in your soul that means you still have unresolved issues inside You. You can choose to ignore them. You can leave them as they are, in the deep, and you can wait for a future confrontation that will force you to bring a life situation to the surface.

But you can learn here and now, in this given moment what your deep conscious is hiding. You can get the opportunity to see the things you have feared, that have been burning underneath the surface and have caused you many struggles and battles. You are no longer afraid to look and see,

live through and experience, because you know that there is no one to judge You.

In order to achieve this you have to „overcome your own shadows“, the shame of your fears so that you can recognise what the given life situation brings out in you: judgement, pity, gloating, hatred, anger, excitement?

If you face your blocks/fears you can immediately release them by raising your vibration level and transforming them into new, creative power. Your many alter-egos or shadow-personalities that have distorted your soul and caused pain in the past, become known and revealed to you.

By knowing these you can enter deeper and deeper into your inner true-self, and can soar and reach higher and higher spiritual dimensions.

Your power is growing and getting stronger as you release the old tensions.

PLEASE, LOOK INWARDS, WHERE
THE DEEP CONSCIOUS HIDES THE SECRETS!