

# *I love you*



These words accompany us from the moment of our conception until our last breath.

The Divine power of the child intertwines with the DNA of its parents and so conceives on the material. He asked for and received the chance to be born, so that he may live on the physical plane and evolve through the vibration of universal love on the material of the shadow world.

And the vibration that welcomes him as a first impulse: is the beating of his mother's heart. The bloodstream carries the message of the heart's pulsating rhythm to her child: "I love you, I love you..." There are no words, none are needed, because in the silence of existence, along the vibrations, everything is in its place. The child brings with him his talent in his unique code, and through his Divine origin, the universality of love. Guided by the light of universal love, the child moves along the path of growth, absorbing the mother's emotions and experiences.

Its birth, its arrival to this world, is the beginning of a new life. The closeness of his mother's heart ends, the security of the feeling of "I love you", the strength and goodness of her pulsating vibration fades. Now it is his turn to express the light of his love to the world!

Through many life situations, he gains experience as he says the words "I love you":

- \* There is someone whose face lights up with a smile and cheerful delight, because upon hearing the words "I love you," makes them both feel they love each other.
- \* There is someone who is reminded by the words "I love you" of their own loveability; prompts them to action and embraces them.
- \* And to whom tears rise to their eyes when the words "I love you" reach their soul, feel gratitude and say: "I love you too!".
- \* And who look in astonishment at him when they hear the magic words: "I love you", he feels how those words break down inner walls in the other, and what was once hidden in darkness and forgotten by the other, now bursts out of them with complete certainty in response: "I love you too!".
- \* He sees who is the one who, upon hearing the words "I love you," closes himself in the sense of shame because he has locked away his emotions. But his sincere and pure soul, giving room to decency, does not allow him to utter the words falsely in return, instead awkwardly distracts the attention thus saving the situation.

- \* He recognizes that someone who, upon hearing the words “I love you,” remains silent, is frightened, startled, because they feel compelled to give an answer. The emotion is closed, the mind is wide open, and the ego—running its survival program—says: “Who cares if he loves me, that’s his problem!” Their self-imposed rules bind their soul since they are not feeling their own loveability.
- \* And the one who sells his soul to the lying words, because interest and calculating intention take the place of emotion, upon hearing the words “I love you,” responds hollowly and emptyly—“I love you too!”
- \* Sometimes the words “I love you” are returned to him harshly, dismissively, and hurtfully, in response to something he said sincerely and purely, and he does not understand why the other person is suffering through his life.

He experiences, learns, and observes attentively, because he knows that he came to the physical plane to learn. He sees that the words “I love you” seem to be strange to many others. But how can this happen, since love makes everyone alive!

Sometimes rejection hurts him, even though he has done everything to keep the promise he made to himself to spread love.

He has also recognised that if the pure light of the soul is closed, from which the words “I love you” clearly flow, then the narrow, constricted mind will reply coldly and rigidly adding interests and calculating intentions to it. In the sanctity of the words, in the pure feeling of “I love you,” the light has gone out.

He asks himself: Perhaps this is why people are almost afraid of receiving and feeling love from someone else? They do not dare to believe that the one who speaks the words is sincere and pure, wants nothing, seeks nothing, only wishes to love?

Despite all the contradictions, all the hostility and lovelessness in the world, the sincere and pure words triumph through the voice of conscience:

“I love you”—says the mother as her child is born to the world, since she has carried the baby for many months, silently, sincerely, and purely, she has infused the boundless power of love into her child’s blood and instilled it into their cells, with which the child can live their life.

“I love you”—says the child to the parent once his consciousness has developed enough to express the feeling of the pure light of his soul.

“I love you”—people say to each other, one to the other, because even if the other seems different, deep down we know we are one.

“I love you”—I say to myself, to the person who was born from the Light for their own sake, so that within their material body the soul-spirit can walk their path through earthly existence. It cannot be otherwise, because love is what nurtures life, love is eternal life!



Once, beyond space, time, and Light, on the awareness of true Emotion, you have phrased: “I will be born.”

The Feeling, which is the vibration of the creative, divine power of love, was looking for its place on Earth.

“My dear, do you feel that I love you?!” – the man asked the woman.

“I feel and live it, because love lives and burns in every kiss and movement of yours.” – the woman answered, who, upon hearing the words coming from the man, held him in an embrace filled with the tenderness of an inner smile. She felt that the Emotion at this intensity was a blessing upon the moment and gave the opportunity to be conceived as a new life in matter.

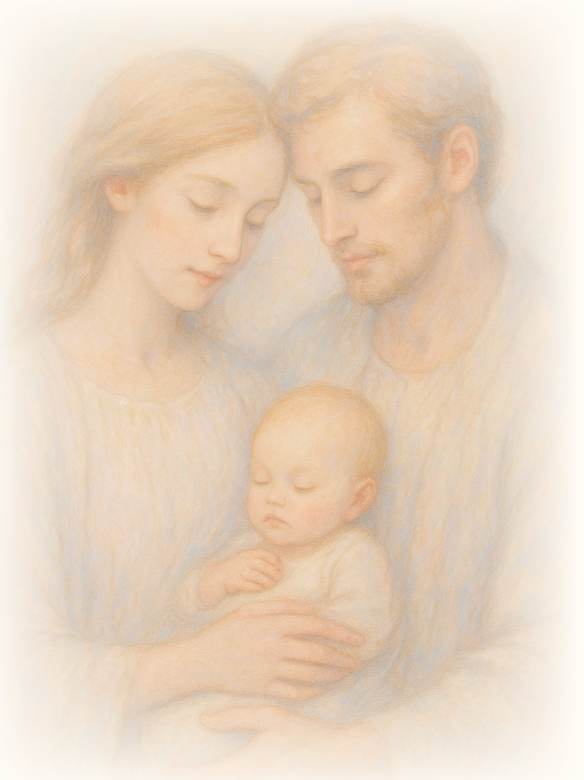
The woman and the man, embracing each other through the vibration of Emotion, melted into each other through the light of love, dissolving duality in matter.

The two individuals melted into one along the axis of space and time, forming unity, creating the One, You, who were conceived in this three-dimensional world.

You arrived from the Light, within the Light, through the power of love. You sought your place and received the grace to live here and to live your Divine Power.

You came from the infinite power of eternal existence, and you were conceived on matter at that blessed moment when the soul wove the light of the sanctity of life through your true-self, the core of your soul, your essence, so that you could remember and always return to this code.

You brought the strength to remind your Parents that they are also lovable! You came clearly and purely. You came with faith and trust, so that by your strength you may unfold and be ennobled. Where has this precious treasure within you gone? Know that it is not lost!



With love,

*Sághy Enikő*  
Medium  
Mediator of the  
Divine Self-Awareness



Since 1997, Enikő Sághy medium has been channeling the universal knowledge of the Divine Self-Awareness method. Since then, thousands of people have learned to use this method independently.

The essence of the method is to raise our vibration level, which is achieved by connecting the energies of the Sun and the Earth to the core of our soul. The connection of the Sun's golden thread—the energy of unconditional love—and the Earth's core energy, magenta—which is the fear redeeming energy—within our true-selves raises our vibration level and opens universal love within us.

Divine Self-Awareness is therefore the way, the means and the purpose of knowing ourselves. This is the way on which we can recognize our creative nature and reach our true-selves. This is the means that we can use at any time, at our current level of readiness, through our free will. And this is the purpose: to fulfill the promise within us with our infinite divine, creative power.

Further interesting writings can be found on the website [www.divineselfawareness.com](http://www.divineselfawareness.com) and in the Divine Self-Awareness handbooks as well.